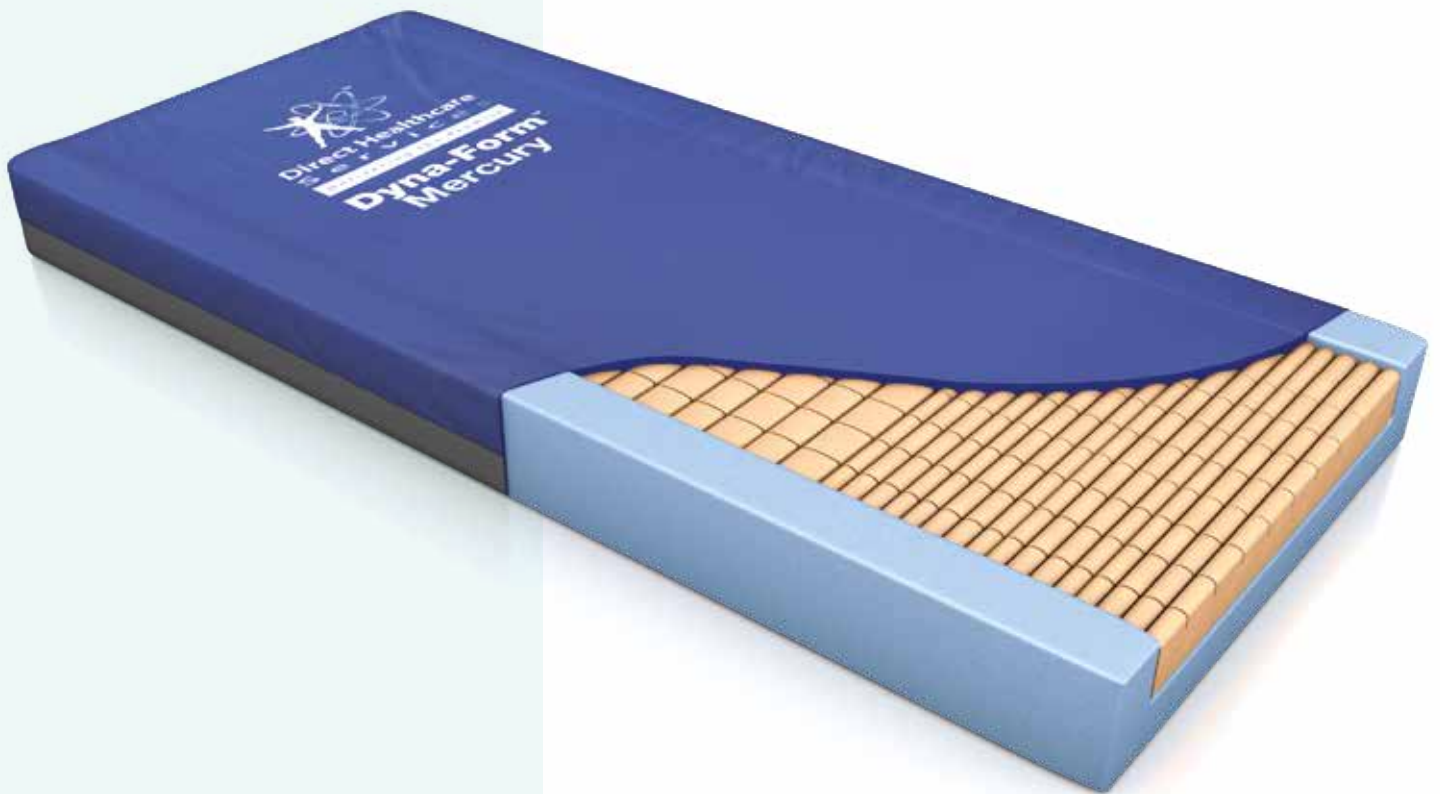


**Direct Healthcare  
Group**

Advancing Movement & Health®

# **Dyna-Form® Pressure Reducing Mattress Range**

**User Manual**



# Dyna-Form® Pressure Reducing Mattress Range

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This manual must be given to the user of the product.

Before using the product, read this manual and save it for future reference!

## 1. Product Description

Your Dyna-Form Mattress utilises a high specification polyurethane multi stretch, vapour-permeable, cover which is designed to reduce build-up of heat that is associated with PVC type mattress covers whilst still remaining waterproof. Under the cover, this mattress blends the finest quality combustion modified high resilient foam (CME), together with a specialist pressure reducing “castellated cut” that ensures this product provides not only the best pressure re-distribution properties but also gives greater patient comfort and product longevity. Please see the product literature for further details.

### 1.1 Symbols

#### Warnings

In this User Manual warnings are indicated by symbols. The warning symbols are accompanied by a heading that indicates the severity of the danger.

#### **WARNING**

Indicates a hazardous situation that could result in serious injury or death if it is not avoided.

#### **CAUTION**

Indicates a hazardous situation that could result in minor or slight injury if it is not avoided.

#### **! IMPORTANT**

Indicates a hazardous situation that could result in damage to property if it is not avoided.

### 1.2 Symbols guide

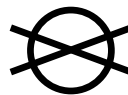
#### Mattress Symbols



WASH AT 80°



TUMBLE DRY ON LOW



DO NOT DRY CLEAN



REFER TO  
USER MANUAL



MEDICAL DEVICES  
DIRECTIVE 93/42EEC



DO NOT BLEACH



DO NOT IRON



NO SMOKING



MAXIMUM USER WEIGHT LIMIT  
VARIOUS, PLEASE SEE PAGE 7



DO NOT USE  
SHARP INSTRUMENTS





DO NOT USE  
PHENOL

## 2. Usage

### 2.1 Intended use

The Dyna-Form range of Pressure Redistribution Mattresses are designed for both prevention and treatment of pressure ulcers and are intended to be used in conjunction with an appropriately sized bed frame, as part of an overall pressure ulcer prevention program of care.


 Warning: Which mattress is suitable for your individual use should be decided by your clinician who will also determine the most appropriate pressure ulcer prevention or treatment plan and the relevant nursing procedures.

 Warning: The following user manual should be used in conjunction with the product literature and will give you instructions on how to get the best results when using one of our pressure reducing mattresses, however should you require any additional information please contact our customer help services department on +44 (0) 800 043 0881.


### 2.2 On delivery of your new mattress

**! IMPORTANT** If your pressure reducing mattress has been delivered to you in a compressed roll package to ease storage and handling, then please remove from the outer box and open the clear plastic sleeve within 21 days. This will allow the mattress to regain its original shape. Open the mattress for minimum period of 2 hours before use to optimise performance. Please dispose of all packaging in line with your applicable environmental policy.


### 2.3 Using your mattress

 Caution: Prior to using the mattress ensure that the bed has no rough edges that may damage the mattress. Place the mattress on the bed with the Dyna-Form logo face up and near the head end of the bed. Ensure the zip is closed and the zip flap is completely covering the zip.

Place a light cotton or linen type bed sheet loosely over the mattress and ensure that any creases are smoothed out.

 Warning: Do not use heavy duvets or tightly “tucked in” blankets which may force additional pressure on the toes leading to damage on the bony prominences of the heels. The usage of additional water proof mattress covers, electric blankets, sheepskins or other similar items which may reduce the effectiveness of the pressure reducing properties of the mattress or indeed lead to an additional increase of body temperature which may cause skin maceration is not advisable. Please seek clinical advice should you wish to use any covering other than the cotton or linen type bed sheet. Take care when using mechanical items such as bridging boards, PAT slides or other patient transfer aids that damage does not occur to the mattress cover due to sharp or damaged edges.

 Warning: The maximum user weight of your mattress is available within the product literature.

 Warning: The printed side of the mattress cover must always be facing upward. Make sure that the distance between the surface of the mattress and the top of the side rail is at least 220mm.

### 2.4 Patient repositioning

**! IMPORTANT** Your Dyna-Form Pressure Redistributing Mattress will provide not only the best pressure re-distribution properties but also give greater patient comfort and product longevity. However, to prevent the build-up of pressure which may lead to tissue damage and potential ulcer formation, it is important that the patient either repositions themselves, or is repositioned on a regular basis. This should be based on the clinical judgement of a qualified healthcare professional that will provide you with a suitable turning regime.

### 3. Cleaning & Care

The way in which the mattress is cleaned depends upon the nature of the contamination and the susceptibility of the patient. Cleaning should take place before and after use, and between each patient.

#### 3.1 Light soiling

**! IMPORTANT** In the absence of gross contamination or unusual risk, the removal of dirt and spillages with clean, warm water, neutral detergent and manual dexterity should be sufficient. However if required the cover can be wiped down with a solution of Sodium Hypochlorite diluted to 1,000ppm available chlorine. Ensure that the cover is rinsed with clean water using a single use non-abrasive cloth, and thoroughly dried. Ensure adequate ventilation.

#### 3.2 Heavy soiling

**! IMPORTANT** In cases of gross contamination the mattress cover should be cleaned first with detergent and water then with a solution of Sodium Hypochlorite diluted to 10,000ppm available chlorine. Rinse well with clean water and a damp single use non-abrasive cloth. Ensure adequate ventilation.


**! IMPORTANT** Disposable gloves and aprons should be worn. If splashing could occur eye/face protection should also be worn. On removal of gloves, hands should be washed. Ensure the mattress cover is thoroughly dried before remaking the bed, as damp humid environments have been shown to lead to the continuation of bacterial growth.

Within the community setting, it may be desirable to launder the cover after removing from the foam core. In such cases the cover should be laundered at no more than 80 degrees C.

#### 3.3 Drying


To avoid shrinkage of the cover line dry in an indoor clean environment or tumble dry on a low heat setting not exceeding 40 degrees C and not for longer than 10 minutes. Covers must be thoroughly dried before re-fitting to the mattress.

#### 3.4 Inspection

 **Warning:** Inspect the inner and outer surfaces of covers and their zip fasteners regularly for signs of damage. If the cover is stained, soiled or torn, the foam core should be examined. Damaged/soiled covers and mattresses should be reported to the ward/department manager. If the core of the mattress is wet or badly stained, the mattress should be withdrawn from service. The Company suggests that the bed frame should also be cleaned in between each change of patient.

### 4. Maintenance


#### 4.1 Audit

 **Caution:** It is recommended that an audit of all mattresses within a ward/department is carried out at least annually. In the community setting, an audit should also be considered between each change of patient.


Please refer to the document Medical Device Alert: All types of bed mattresses (MDA/2010/002), and also the BHTA guidance on the care, cleaning and inspection of healthcare mattresses (BHTA Protect, Rinse and Dry). Details on how to audit your mattress are available from Direct Healthcare Group.

## 5. After Use

### 5.1 Storage

 Caution: It is recommended that 2 people lift/carry mattresses. Mattresses can become damaged when stored incorrectly. It is advisable to store your mattress off the floor in a clean dry environment. Do not store your mattress near heating devices such as electrical fires or radiators. Wherever possible, mattresses should be stored within a protective cover.

### 5.2 Transport

 Caution: Take care when handling mattresses to ensure no damage to the cover. It is recommended that two people lift/carry mattresses. Avoid contact with sharp objects and abrasive surfaces etc. Do not drag mattresses.

### 5.3 Re-Use

**! IMPORTANT** A cleaning record must be kept as part of the cleaning system. The product is suitable for repeated use. The number of times it can be used depends on how often and in which way the product is used. Before re-use, clean the product thoroughly in accordance with the guidelines.

### 5.4 Disposal

**! IMPORTANT** The disposal and recycling of used devices and packaging must comply with applicable legislation in each country.

## 6. Quality & Testing

### 6.1 Service life

We estimate a life expectancy of up to eight years for these products, provided they are used in strict accordance with the intended use as set out in this document and all maintenance and service requirements are met.

The estimated life expectancy can be exceeded if the product is carefully used and properly maintained, and provided technical and scientific advances do not result in technical limitations. The life expectancy can also be considerably reduced by extreme or incorrect usage. The fact that we estimate a life expectancy for these products does not constitute an additional warranty.

### 6.2 Product warranty periods

Please refer to the product literature for your mattresses warranty period. The warranty of your Dyna-Form Mattress is valid from time of shipping. If a defect or fault is discovered please contact Direct Healthcare Group on +44 (0) 800 043 0881 who will arrange for inspection of the mattress. No responsibility will be accepted for damage caused by misuse or non-observance of the instructions set out in this user guide. Full warranty terms and conditions are available on request.

### 6.3 Fire testing

Direct Healthcare Group products are independently fire tested. Covers comply with BS EN 7175 crib 5.

Cushions comply with BS EN 7176 crib 5. Mattresses comply with BS EN 7177 crib 5 (compliance to crib 7 where advised in product literature). For further country specific information please contact your authorised Direct Healthcare Group distributor.

### 6.4 Quality standards

Quality is fundamental to the company's operation, working within the disciplines of BS EN ISO 9001 and ISO 13485. All Direct Healthcare Mattress products feature the CE mark, in compliance with the Medical Device Directive 93/42 EEC.

## 7. Technical Data

Product Warranty	Warranty	Fire Testing	Grade Ref & Colour	Nominal Density Range (kg/m <sup>3</sup> )	Nominal Hardness Range (N)	Maximum User Weight (kg)	Weight of product (kg)
Dyna-Form Mercury	8 Years Foam / 4 Years Cover*	BS7177 (Crib 5 Composite) BS 7177 (Crib 7 Composite) where required in specification	Blue RX 39/200 Pink RX 39/120	38-40 38-40	200 120	254	11
Dyna-Form Mercury Fire Evac	8 Years Foam / 4 Years Cover*	BS7177 (Crib 5 Composite)	Blue RX 39/200 Pink RX 39/120	38-40 38-40	200 120	254	12
Dyna-Form Saturn	8 Years Foam / 4 Years Cover*	BS7177 (Crib 5 Composite)	White VC55085 Blue RX 39/200	55-60 38-40	85 200	254	12
Dyna-Form Jupiter	3 Years Foam / 3 Years Cover*	BS7177 (Crib 5 Composite)	Orange RX 36/125	34-36	125	165	11
Dyna-Form Birthing Mattress	2 Years Foam / 2 Years Cover*	BS7177 (Crib 5 Composite)	Blue RX 39/200	38-40	200	254	11
Dyna-Form Mattress Overlay	3 Years Foam / 3 Years Cover*	BS7177 (Crib 5 Composite)	Blue RX 39/200	34-36	125	165	6
Dyna-Form Mercury Static Air	5 Years Foam / 5 Years Cover*	BS7177 (Crib 5 Composite)	Blue RX 39/200 Pink RX 39/120	38-40 38-40	200 120	254	11
Dyna-Form Static Air HZ	5 Years Foam / 5 Years Cover*	BS7177 (Crib 5 Composite)	Blue RX 39/200 Pink RX 39/120	38-40 38-40	200 120	254	10
Dyna-Form Community	1 Year Foam / 1 Year Cover*	BS7177 (Crib 5 Composite)	White RX33/130	33	130	140	10

\* Reference: 8 year cover warranty with Pro-Formance cover

# Direct Healthcare Group

Advancing Movement & Health®

Intelligent Pressure Care

Specialist Seating

Rental & Service Solutions

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