

# Bed Management Selector

SystemRoMedic™



## **The original low friction in bed management solution in accordance with the Functional Independence Measure (FIM)**

Together, Direct Healthcare Group's WendyLett in bed management sheets make an in-situ, easy-to-use system of slide and draw sheets that work in combination with each other. Developed to facilitate turning, moving higher up in bed and other small bed transfers. The WendyLett finally woven fabric is clinically proven to reduce potential skin damage and improve pressure risk on a foam or air mattress (Sturnam, 2011).

In this guide, you will find which WendyLett sheet is required dependent upon the bed size available and the Functional Independence Measure (FIM) of the individual.

**Direct Healthcare**  
**Group**

Advancing Movement & Health®

# What is the Functional Independence Measure (FIM)?

The Functional Independence Measure (FIM) is an assessment tool that aims to evaluate the functional status of patients throughout the rehabilitation process following a stroke, traumatic brain injury, spinal cord injury, cancer etc.

FIM is an 18-item, clinician reported scale that assesses function in six areas including self-care, continence, mobility, transfers, communication and cognition. Each of the 18 items are graded on a scale of 1-7 based on the level of independence in that item.

Performed on admission to and departure from hospital, FIM is a consistent data collection tool for the comparison of rehabilitation outcomes across the healthcare continuum, allowing clinicians to track changes in the functional status of patients from onset of rehab care to discharge and follow-up.

As such, FIM scores may be interpreted to indicate level of independence or level of burden of care. This scale is used to assess how well a person can carry out basic activities of daily living and how dependent they will be on help from others.

## Dependence Level

### Level 1: Total Assistance

The user can contribute up to 25% of the effort required or requires total assistance to complete the task

### Level 2: Maximal Assistance

The user can provide between 25 and 49% of the effort required to complete the task

## Modified Dependence Level

### Level 3: Moderate Assistance

The user can perform between 50 and 75% of the task

### Level 4: Minimal Assistance

Able to perform over 75% of the task, the user will only require incidental hands on assistance

### Level 5: Supervision

The user may need verbal prompting and requires standby assistance only

## Independence Levels

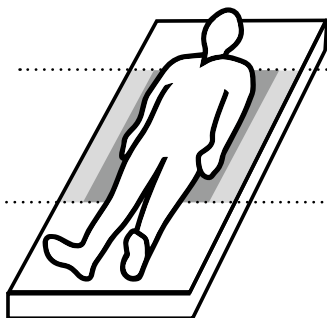
### Level 6: Modified Independence

The user needs assistance of an aid but requires no help to operate it

### Level 7: Complete Independence

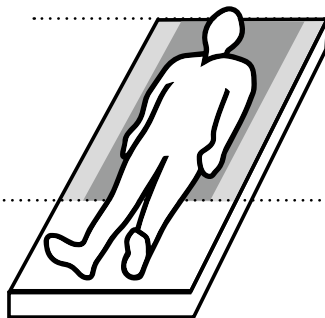
## Sheet guide

### 1 Choose the correct sliding zone on the sheet depending on user function



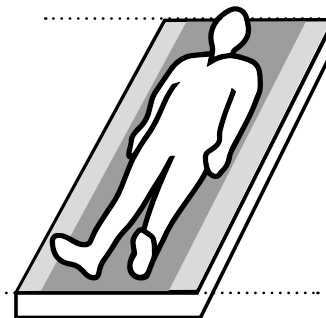
#### Sliding zone Hip

For more active/lighter users who only need the sliding function at hip level.



#### Sliding zone Head-Hip

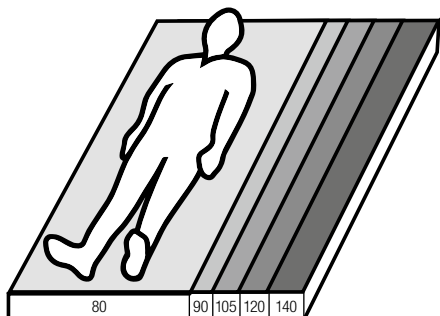
For less active/heavier users who need the sliding function from hip level and up.



#### Sliding zone Head-Feet

For users who are passive/in need of more intensive care where the sliding function is required under the entire body.

### 2 Choose the correct sliding sheet based on bed width



80cm 31.5"	90cm 35.4"	105cm 41.3"	120cm 47.2"	140cm 55.1"
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Bed width

The mattress dimensions are important for optimising the sliding surface of the sheet and stimulating the activity of the user. For our draw sheets and sliding draw sheets, there is no recommended mattress width.

### 3 Find the correct function



#### Incontinence protection

Incontinence protection is a washable incontinence sheet placed on top of an ordinary sheet and/or other bedding. Incontinence protection is available with or without a sliding surface on the bottom. The material is highly absorbent and distributes fluid over a larger surface.



#### Handle

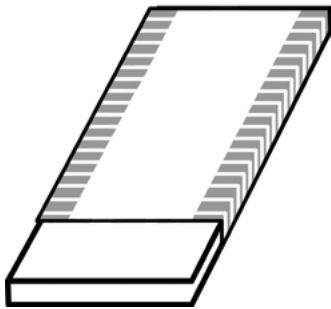
Some sliding draw sheets are also equipped with handles that can be connected to lifts. This facilitates easier positioning, takes care of personal hygiene and facilitates sling attachment.



#### Elastic

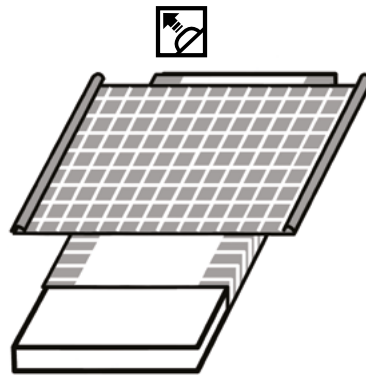
Fitted sliding base sheets with this symbol have elastic that is pulled over the mattress.

### 4 Select the correct combinations



#### Sliding sheet

Satin for the centre section and non-slip material for the side sections. Slide in the direction of the pattern.



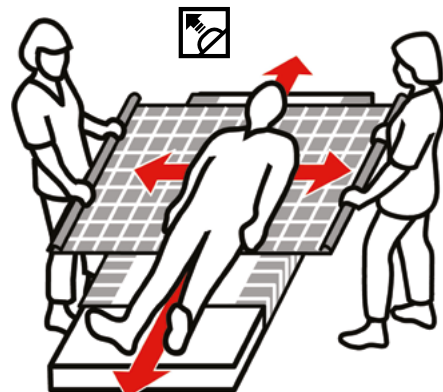
#### Sliding sheet + sliding draw sheet

Both the sheets have sliding surfaces on both the bottom and the top. Slide in the direction of the pattern.

### 5 How to use the combinations



For patients able to turn over on their own, often a sliding sheet that improves the slide in the zones where this is needed is sufficient.



The combination of a sliding sheet and a sliding draw sheet is used when the user is passive, heavy/in need of more intensive care. This combination is often used with a lift, during personal hygiene and when attaching a sling.

Product code	Product name	Key points	Length (cm)	Width (cm)	Sliding surface area width (cm)	Other – refer to keys 3&4 above	FIM level
<b>Single Bed (3' – 200 x 90cm)</b>							
<b>Base Sheets</b>							
<b>ROMP1641</b>	WendyLett Fitted Sliding Base Sheet	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200	90	70		Used on its own: FIM 5-7 In combination: 1641 combined with either of the following: 1637, 1647, 1652, 1657 – FIM 1-5
<b>ROMP1634</b>	WendyLett Flat Sliding Base Sheet	3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140	200	60		Used on its own: FIM 5-7 In combination: 1634 combined with either of the following: 1637, 1647, 1652, 1657 – FIM 1-4
<b>ROMP1639</b>	WendyLett Flat Sliding Base Sheet	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edge for sitting and reduced chance of movement out of bed.	200	200	70		Used on its own: FIM 5-7 In combination: 1639 combined with either of the following: 1637, 1647, 1652, 1657 – FIM 1-4
<b>Draw Sheets</b>							
<b>ROMP1637</b>	WendyLett4Way ¾ Length Sliding Draw Sheet	Used in combination with the 1641, 1639 or 1634 base sheets. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed.	140	200	–		In combination: 1637 combined with either of the following: 1634, 1639, 1641 – FIM 1-4
<b>ROMP1647</b>	WendyLett4Way Full Length Sliding Draw Sheet	Used in combination with the 1641, 1639 or 1634 base sheets. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a ¾ length draw sheet. Good option for palliative care and heavier clients.	200	200	–		In combination: 1647 combined with either of the following: 1639, 1641 – FIM 1-2
<b>ROMP1657</b>	WendyLett4Way Full Length Sliding Draw Sheet	Used in combination with the 1641, 1639 or 1634 base sheets. 3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. Added handles for assisted rolling using an overhead or mobile hoist.	140	190	–		In combination: 1657 combined with either of the following: 1634, 1639, 1641 – FIM 1-2
<b>SafeHandlingSheet</b>							
<b>ROML47542007</b>	SafeHandlingSheet	Designed for the heavier client and used in combination with an overhead or mobile hoist for turning and repositioning. Polyester net with WendyLett4Way cotton.	240	115	–		In combination: FIM 1-2
<b>TopSheet</b>							
<b>ROMP1520</b>	TopSheet	Used in combination with WendyLett base sheet and WendyLett4way draw sheet. The TopSheet is attached to a hoist system for turning and repositioning.	144	140	–		In combination with WendyLett: FIM 1-2
<b>Small Double Bed (4' – 190 x 120cm)</b>							
<b>Base Sheets</b>							
<b>ROMP1661</b>	WendyLett Fitted Sliding Base Sheet	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edges to reduce the change of movement out of bed whilst sitting.	200	120	95		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>ROMP1668</b>	WendyLett ¾ Length Flat Sliding Base Sheet	3/4 length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140	220	100		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>ROMP1669</b>	WendyLett Flat Sliding Base Sheet	Full length base sheet for those that are less able to bridge to assist with repositioning.	200	220	100		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>Draw Sheets</b>							
<b>ROMP1652</b>	WendyLett4way ¾ Length Sliding Draw Sheet	Used in combination with any of the 1668, 1669 or 1671, 1681 base sheets. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels. Extra wide base sheet allowing additional material to be tucked in.	140	260	–		In combination: FIM 1-3
<b>ROMP1647</b>	WendyLett4Way Full Length Sliding Draw Sheet	Used in combination with the 1641, 1639 or 1634 base sheets. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a ¾ length draw sheet. Good option for palliative care and heavier clients.	200	200	–		In combination: 1639 combined with either of the following: 1634, 1639, 1641 – FIM 1-2
<b>SafeHandlingSheet</b>							
<b>ROML47502009</b>	SafeHandlingSheet	Designed for the heavier client and used in combination with a ceiling or mobile hoist for turning and repositioning. Polyester net with WendyLett4Way cotton.	240	130	–		In combination: FIM 1-2
<b>TopSheet</b>							
<b>ROMP1510</b>	TopSheet	Used in combination with WendyLett base sheet or Mattress cover ROMP1595 The TopSheet is attached to a hoist system for turning and repositioning.	200	160	–		In combination with WendyLett: FIM 1-2

Product code	Product name	Key points	Length (cm)	Width (cm)	Sliding surface area width (cm)	Other – refer to keys 3&4 above	FIM level
<b>Double Bed (4' 6" – 190 x 135cm)</b>							
<b>Base Sheets</b>							
<b>ROMP1671</b>	WendyLett Fitted Sliding Base Sheet	For active individuals who require the reduction of friction to assist with repositioning and getting in and out of bed. High friction edges to reduce the change of movement out of bed whilst sitting.	200	140	110		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>ROMP1668</b>	WendyLett ¾ Length Flat Sliding Base Sheet	¾ length is useful to assist more active individuals who can bridge or push through their feet to reposition more easily around/up the bed. High friction edge for sitting and reduced chance of movement out of bed.	140	220	100		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>ROMP1669</b>	WendyLett Flat Sliding Base Sheet	Full length base sheet for those that are less able to bridge to assist with repositioning.	200	220	100		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>Draw Sheets</b>							
<b>ROMP1652</b>	WendyLett4Way ¾ Length Sliding Draw Sheet	Used in combination with any of the 1668, 1669 or 1671, 1681 base sheets. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels. Extra wide base sheet allowing additional material to be tucked in.	140	260	–		In combination: FIM 1-3
<b>ROMP1647</b>	WendyLett4Way Full Length Sliding Draw Sheet	Used in combination with the 1641, 1639 or 1634 base sheets. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels in comparison to a ¾ length draw sheet. Good option for palliative care and heavier clients.	200	200	–		In combination: 1639 combined with either of the following: 1634, 1639, 1641 – FIM 1-2
<b>SafeHandlingSheet</b>							
<b>ROML47502009</b>	SafeHandlingSheet	Designed for the heavier client and used in combination with a ceiling or mobile hoist for turning and repositioning. Polyester net with WendyLett4Way cotton.	240	130	–		In combination: FIM 1-2
<b>TopSheet</b>							
<b>ROMP1510</b>	TopSheet	Used in combination with WendyLett base sheet or mattress cover ROMP1595 The TopSheet is attached to a hoist system for turning and repositioning.	200	160	–		In combination with WendyLett: FIM 1-2

<b>King Size Bed (5' – 200 x 150cm)</b>							
<b>Base Sheets</b>							
<b>ROMP1681</b>	WendyLett Flat Sliding Base Sheet	Extra wide base sheet to allow for optional positioning on a double bed and larger sizes for two people, where only one person requires the reduced friction area. May be positioned on either the left or right hand side of the bed.	200	365	70		Used on its own: FIM 5-7 In combination: FIM 1-5
<b>Draw Sheets</b>							
<b>ROMP1652</b>	WendyLett4Way Sliding Draw Sheet	Used in combination with any of the 1668, 1669 or 1671, 1681 base sheets. Full length is useful to assist with more dependent individuals providing maximum pressure relief, friction relief and protection for the heels. Extra wide base sheet allowing additional material to be tucked in.	140	260	–		In combination: FIM 1-3

<b>Complementary Products</b>							
<b>ROMP1680</b>	WendyLean Pillowcase	The patented, self-retracting handles allow the carer to help move the client higher up in bed or into a seated position at the edge of the bed. The underside of the pillowcase is made of smooth satin which makes it very easy both to position the pillow and to pull the pillow in under the shoulders for raising the upper body of the user. The stripes indicate in which direction sliding is facilitated.					
<b>ROMPW506070</b>	HandiWedge Positioning Wedge	The HandiWedge provides a simple and cost-effective solution, offering the necessary and comfort whilst maintaining the client in an optimal position for the carer to manage and care for safely. The HandiWedge comes with a wipe clean, non-slip cover which helps it to remain in the desired position, even on the Direct Healthcare Group WendyLett, low friction, in bed systems. Allows easier repositioning and safe management of the client position.					
<b>ROMLAXES</b>	The Essentials Assessment Bag	Contains: 1 x large assessment rucksack, 1 x 10cm FootStool, 1 x 10cm FootStoolCover, 1 x FlexiGrip, 1 x AntiSlip mat, 1 x HandiWedge, 1 x pair of EasyGlide Oval mini's, 1 x pair of EasyGlide Oval large, 2 x PantLock's, 1 x tubular slide sheet					
<b>ROMLAXWL</b>	The WendyLett Assessment Bag	Contains: 1 x large assessment, 1 x HandiWedge, 1 x AntiSlip mat, 1 x 1641 fitted base sheet, 1 x 1661 fitted base sheet, 1 x 1671 fitted base sheet, 1 x 1681 flat base sheet, 1 x 1647 WendyLett4Way full length draw sheet, 1 x 1657 WendyLett4Way draw sheet with handles.					

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SystemRoMedic™ is a complete solution for easy transfers.  
The concept encompasses four product areas that meet  
most needs in different transfer situations.

**Transfer**, between two locations. **Positioning**, within the same location.  
**Support**, for mobility. **Lifting**, both manual and mechanical.

**Direct Healthcare**  
**Group**

Advancing Movement & Health®

Withey Court, Western Industrial Estate  
Caerphilly, United Kingdom CF83 1BF  
**T:** +44 (0) 800 043 0881  
**F:** +44 (0) 845 459 9832  
**E:** [info@directhealthcaregroup.com](mailto:info@directhealthcaregroup.com)  
[directhealthcaregroup.com](http://directhealthcaregroup.com)