1. Product Description
The Dyna-Tek® Heel Pad has been designed to reduce pressure over the bony prominences of the foot and heel.

1.1 Symbols
In this user manual warnings are indicated by symbols. The warning symbols are accompanied by a heading that indicates the severity of the danger.

WARNING
Indicates a hazardous situation that could result in serious injury or death if it is not avoided.

CAUTION
Indicates a hazardous situation that could result in minor or slight injury if it is not avoided.

IMPORTANT
Indicates a hazardous situation that could result in damage to property if it is not avoided.

2. Usage
2.1 Intended Use
The Dyna-Tek® Heel Pad is designed to assist in the prevention of pressure ulcers and is intended to be used as part of an overall pressure ulcer prevention program of care.

WARNING
Which Heel Pad is suitable for your individual use should be decided by your clinician, who will also determine the most appropriate pressure ulcer prevention or treatment plan and the relevant nursing procedures.

WARNING
The following user manual should be used in conjunction with the product literature and will give you instructions on how to get the best results when using one of our Heel Pads, however, should you require any additional information please contact our Customer Service department on (+44) 0800 043 0881.

2.2 On Delivery of your New Heel Pad
WARNING
Open the outer packaging and remove the Heel Pads. Please dispose of all packaging in line with your relevant environmental policy.

2.3 Using your Heel Pad
WARNING
The Heel Pad can be used as a standalone pressure reducing pad or in conjunction with the Dyna-Tek® Heel Boot. Place the Heel Pad underneath the area of the foot or heel that requires pressure redistribution. Monitor skin condition in line with your local guidelines. If deterioration in condition of skin is observed follow local guidelines and review treatment plan.

WARNING
Do not use the Heel Pad for any other purpose than to reduce pressure on the patients’ heels or feet.

WARNING
Ensure the Heel Pad is placed the correct way up (convoluted side upwards). Do not use the Heel pad with any additional covering which may reduce the pressure reducing properties of the product.
2.4 Patient Repositioning

**WARNING**
Your Dyna-Tek® Heel Pad will provide not only the best pressure redistribution properties, but also give greater patient comfort and product longevity. However, to prevent the build-up of pressure, which may lead to tissue damage and potential ulcer formation, it is important that the patient either repositions themselves, or is repositioned on a regular basis. This should be based on the clinical judgement of a qualified healthcare professional that will provide you with a suitable turning regime.

3. Cleaning & Care

**WARNING**
Your Dyna-Tek® Heel Pad is designed for single patient use only. It is not suitable for cleaning or recycling.

4. After Use

4.1 Storage

**IMPORTANT**
The Heel Pad can become damaged when stored incorrectly. It is advisable to store your Heel Pad off the floor in a clean, dry environment.

4.2 Re-Use

**WARNING**
The Heel Pad is designed for single patient use only and is not designed for re-use with any additional patient. The product should only be used for the period of the Service Life.

4.3 Disposal

**IMPORTANT**
The disposal and recycling of used devices and packaging must comply with the applicable legal regulation in each country.

5. Quality & Testing

5.1 Service Life

We estimate a life expectancy of 28 days for these products, provided they are used in strict accordance with the intended use as set out in this document. The estimated life expectancy can be exceeded if the product is carefully used and properly maintained, and provided technical and scientific advances do not result in technical limitations. The life expectancy can also be considerably reduced by extreme or incorrect usage. The fact that we estimate a life expectancy for these products does not constitute an additional warranty.

5.2 Product Warranty Periods

If a defect or fault is discovered, please contact Direct Healthcare Group on (+44) 0800 043 0881. No responsibility will be accepted for damage caused by misuse or non-observance of the instructions set out in this user manual. Full warranty terms and conditions are available on request.

5.3 Fire Testing

The foam used in the manufacture of the Heel Pad has been independently fire tested to meet BS 7177:2008+A1:2011 Medium Hazard (Crib 5).

5.4 Quality Standards

Quality is fundamental to the company’s operation, working within the disciplines of BS EN ISO 13485:2012. All Direct Healthcare Group products feature the CE mark, in compliance with the Medical Device Directive 93/42/EEC.