SafeHandlingSheet is a sheet that can be used for repositioning in bed with both stationary and mobile lifts. It features sixteen suspension points, eight on each side of the patient. SafeHandlingSheet is designed to meet the need for repositioning patients in bed.

SystemRoMedic includes a wide range of functional, comfortable, high-quality slings that can be adapted for different types of lifting and for patients with different needs. The slings are available in several different materials and in sizes from XXS to XXL. All models are safe and very easy to use and are rated for lifting patients weighing up to 300 kg. The choice of model and material depends on the patient’s needs and the transfer situation.

**Functional inspection**

**Visual and mechanical inspection**

Check the condition and function of the sling regularly. Always inspect the product after laundering. Check to ensure that seams and material are free from damage. Check to ensure that fabric is not worn or faded. Apply load to the device and check to ensure that clasps, handles, etc. withstand heavy load. If there are signs of wear, the product must be discarded.

**Always read the manual**

Always read the manuals for all assistive devices used during a transfer.

Keep the manual where it is accessible to users of the product.

Do not leave the patient unattended during a transfer situation.

To prevent discomfort and the risk of the patient sliding out of the sling, trial fit the sling carefully. First, apply the sling’s back loops to the slingbar, and then apply the leg support loops. Use a slingbar that has been tested.

The lowest allowable safe working load always determines the safe working load of the assembled system. Always check the safe working loads for the lift and accessories before use. Contact your dealer if you have any questions.
Description of SafeHandlingSheet:

SafeHandlingSheet has lift straps along both sides. To simplify handling for the caregiver, the lift straps are alternately grey and black. The lift straps have three loop alternatives with different colours: grey, red and black.

SafeHandlingSheet is marked with a decal to show which side should be placed upwards on the bed. “This side up”. The decal also marks the middle of the sheet.

When repositioning is completed, bed the straps in under the mattress or place them in the sidepockets.

Tip!
- Use with plain sheets on top of the SafeHandlingSheet.
- Place the user in the center of the SafeHandlingSheet.
- The extra material available with the SafeHandlingSheet allows the user to be repositioned several times before you need to reposition the user on the Safe Patient Handling Sheet.
- Recommended for use with traversing (x-y axis) ceiling lift systems.
- If possible, consider moving the bed in the first place instead of shoot / draw the user when he / she lifted from the surface.
Use of SafeHandlingSheet:

Higher up in bed:
The five uppermost straps on either side (or as many straps as are required to cover the friction points) are hooked to the slingbar.

Start raising the lift and move the patient higher up in bed when weight is relieved from the friction points.

Turning in bed:
If the user is to be positioned in the center of the bed after turning, it is recommended to first reposition the user (see: Higher Up in Bed) laterally to one side of the bed and then roll the user towards the center of the bed.

To perform the roll, connect the four center-most lift straps on the side of the SafeHandlingSheet (side opposite the direction of the intended roll) to the sling bar. If bed rails are not used, a caregiver should stand on either side of the bed to ensure the safety of the user. Raise the lift to gently turn the patient towards the center of the bed.

Change of SafeHandlingSheet:
When replacing an old SafeHandlingSheet with a new one, start with a lift as previously described. When the user is lifted clear of the bed, place the new SafeHandlingSheet centered on the bed. Lower the user back down to the bed and disconnect the old SafeHandlingSheet from the sling bar. Connect the new SafeHandlingSheet to the sling bar and roll the user onto their side (see: Turning in Bed) and roll / tuck the old SafeHandlingSheet behind the user, then roll the user back down onto the bed. Do another turn with the new SafeHandlingSheet in the opposite direction and pull away the old SafeHandlingSheet from behind the user, then roll the user back down onto the bed.
Sit-to-stand – from a seated position at the bedside

**Note!** For this sit-to-stand procedure, the patient must be able to sit at the bedside.

Lower the bed, so that the patient can place his/her feet firmly on the floor when seated at the bedside. If the bed is too high, use a foot stool.

Prepare the patient for raising. Raise the backrest on the bed and place the uppermost handle straps on the slingbar.

One caregiver should grasp the handles at the foot end. Start by raising the lift. The caregiver lifts the patient’s legs over the edge of the bed and places the feet on the floor. Make sure the patient can sit securely at the bedside. Knees and hips should be at the same level. Place a suitable standing frame or walker in front of the patient to aid standing.

Contact your local distributor if you have any questions about the product and its use. See www.handicare.com for a complete list of distributors. Always make sure that you have the right version of the manual. The most recent editions of manuals are available for downloading from our website, www.handicare.com.

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### Care of the product:

- Read the product label.

- **60-85°C**
- **140-185°F**

Do not use rinsing agent. To prolong product life, avoid tumble-drying.

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### Product

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<tr>
<th>Product</th>
<th>Art no</th>
<th>Measures</th>
<th>Material</th>
<th>SWL</th>
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<tr>
<td>SHSheet L poly net</td>
<td>47522007</td>
<td>240 x 115</td>
<td>Polyester net: Airy, well-ventilated material</td>
<td>300kg / 661 lbs.</td>
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<td>SHSheet XL poly</td>
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<td>Polyester: Durable material with low friction</td>
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