



ēthos

EDUCATION PROGRAMME

Educational Workshops

Training, techniques and solutions

**Direct Healthcare
Group**

Advancing Movement & Health®

Direct Healthcare Group's Ethos Education Programme

As a global supplier of equipment that is designed to facilitate better health comes, accelerate patient recovery and provide easier daily living for the elderly, disabled or those providing care and support to them, Direct Healthcare Group is acutely aware that for equipment to be used to its full potential, those using it must have an understanding of everything a piece of equipment can do and how it should be used.



The Ethos Education Programme underpins this theory by providing practical tips and techniques supported by theory-based learning for a wide range of people including those responsible for specifying, installing or using Direct Healthcare Group equipment. The Ethos Education Programme provides access to 8 CPD accredited workshops that will encourage you to review current practices to ensure client and carer safety when involved with moving and handling tasks or assessing for a specialist seat. The Ethos Education Programme is designed to deliver a comprehensive overview of how equipment can be used to assist in single and multi-carer environments whilst giving you the opportunity to consider your individual circumstances and following on from the workshop, how you could reduce your risk of injury whilst simultaneously improving the moving and handling experience and dignity for those within your care.



Ethos Education CPD Accredited Workshops

The hands-on workshops contain practical tips and techniques. Direct Healthcare Group also offer the opportunity for you to create your own bespoke workshop, ensuring that the tips and techniques presented are suitable for the requirements of your facility, care team and clients.

Safe Moving & Handling Workshops

In bed management | half or full day

After completing this workshop, participants will be able to develop a theoretical and practical understanding of the management of an individual in bed. This will include best practice whilst looking at posture and positioning when profiling / sitting up in bed, moving across and up the bed and turning and repositioning an individual in bed. From activating and enabling the more independent individual to solutions for the more passive person, participants will gain an understanding of a range of equipment and solutions that will assist health care professionals to enhance the quality of care that their clients receive.

Sit-to-stand | half day

This workshop will provide participants with a theoretical and practical understanding of the key principles for a sit-to-stand and a stand-to-sit. The workshop will focus on the core skills of a sit-to-stand and the importance of the use of core skills and principles when working with assistive devices to achieve a sit-to-stand. Focus will be given to clients that require assistance for sit-to-stand – from minimal assistance through to the use of a stand-aid.

Hoist selection and sling application | half day

The 'Hoists & Slings Application' workshop will provide participants with information to select the appropriate hoist, the use and functions of the hoists along with assessment and application of slings. With an emphasis on best practice, participants will have the opportunity to practice a variety of sling application and hoisting techniques and by the end of the training workshop, we aim to have increased participants confidence of their ability to perform a hoist and sling assessment.

Handling heavier clients | half day

During this workshop, delegates will gain an understanding and awareness of potential solutions available to reduce the load for the carer and activate the user. This workshop will look at various turning and repositioning solutions in bed, alternative methods of sling application and solutions for the weight bearing person – covering simple to the more complex solutions with the aim to reduce load bearing for the carers whilst maintaining the dignity of the individual concerned.

Moving and enabling – single handed care | half day

Delegates will achieve an understanding and appreciation of the increasing strains on health and care budgets posed by a growing and ageing population. Delegates will examine and look at practical application of solutions that could be used to reduce the manpower required in delivering care without compromising the safety and carer of the client.

Small Changes, Big Impact | half day

This workshop examines several moving and handling tasks and how, if we small changes or introduce small items of equipment, we can reduce the effort required to complete the task – increasing the individuals confidence and giving them a sense of achievement. It is often the small changes we make that can significantly assist with an individuals enablement, protect the carer and potentially have a cost saving.

NEW Specialist Seating CPD Accredited Workshops

The Theory of Specialist Seating | half day to include 'Completing A Seating Assessment' workshop

This Ethos Workshop discusses the importance of specialist seating provision, aiming to increase participants knowledge of the causes of pressure damage and how to determine risk. Participants will be able to identify normal posture patterns and postural changes.

Completing A Seating Assessment | half day to include 'The Theory of Specialist Seating' workshop

The aim of this Ethos Workshop is to provide attendees with key and relevant information when looking at and conducting a seating assessment, focussing on the following areas:

- Considerations when completing a seating assessment
- Postural accessories for specialist seating
- Product identification to resolve seating issues

► To book an Ethos CPD Workshop, please [click here](#)



Ethos Education Webcasts

Ethos Webcasts have been developed as a virtual clinical toolkit to provide essential training and support for healthcare professionals across the continuum, covering key content topics from within pressure care management, patient handling and specialist seating.

Ethos Webcasts are hosted by Mark Ripley RGN, and occasionally co-hosted by special guests who are well respected within their field of work. An Ethos Webcast is up to 45 minutes long, plus 15 minutes at the end for a live Q&A with our presenters.

We are regularly adding new dates to the Ethos Webcast calendar for which registration is quick and simple. To view the Ethos Webcast calendar and to register for an Ethos Webcast please [click here](#). Alternatively, we can host an Ethos Webcast specifically for your team, at a date and time that's convenient for you.

To request a Team Ethos Webcast please email ethos@directhealthcaregroup.com
Please note to host a Team Ethos Webcast we do require a minimum of 6 attendees.



Safe Moving & Handling Webcasts

Sit-to-stand Part I: Sit-to-stand using the ReTurn7500i and ReTurnBelt

This Webcast will provide information to assist prescribers in providing solutions for individuals who require assistance with sit-to-stand and transfers using a stand assistive device and will specifically look at the following:

- Core skills of a sit-to-stand
- EthosGPS assessment criteria considerations
- Interface of the equipment and the client
- How to use the ReTurn7500i

Sit-to-stand Part II: Sit-to-stand using the QuickMove

This Webcast will provide information to assist prescribers in providing solutions for individuals who require assistance with sit-to-stand and transfers using a stand assistive device and will specifically look at the following:

- Core skills of a sit-to-stand
- EthosGPS assessment criteria considerations
- Interface of the equipment and the client
- How to use the QuickMove

Sit-to-stand Part III: Sit-to-stand using the MiniLift and ThoraxSling

This Webcast will provide information to assist prescribers in providing solutions for individuals who require assistance with sit-to-stand and transfers using a stand assistive device and will specifically look at the following:

- Core skills of a sit-to-stand
- EthosGPS assessment criteria considerations
- Interface of the equipment and the client
- How to use the MiniLift and ThoraxSling

Bed Management Part I: An Introduction to the WendyLett Bed Management System

The aim of this Webcast is to provide key information regarding the WendyLett bed management system in order to assist with prescription based upon an individual's abilities and needs. This Webcast aims to increase knowledge and confidence when prescribing a WendyLett bed management solution by providing information relating to the FIM (Functional Independence Measure) of an individual and what elements of the system will meet their needs. Guidance will also be provided in reference to different bed sizes to assist with determining what may be required to provide the correct bed management solution.

Bed Management Part II: WendyLett – The Core Moving & Handling Basics

The aim of this webcast is to provide those participating with information on key methods of working with the WendyLett Bed Management System. This Webcast aims to enhance knowledge and increase confidence of those working with and prescribing the WendyLett Bed Management System, who may also be required to demonstrate or describe its use to carers and family members with focus on the following topics:

- Sitting up in bed with system in place
- Handling the WendyLett sheets
- Moving and positioning across and up the bed

Bed Management Part III: Turning & Repositioning In Bed Using The WendyLett Bed Management System

The aim of this webcast is to provide participants with guidance on techniques and solutions to assist with turning and repositioning a client when working with the WendyLett. The Webcast will provide information to assist prescribers in providing solutions for individuals who are dependent upon their carers or family members, by increasing knowledge and confidence in the following areas:

- Product solutions
- Manual turning in bed
- Turning in bed with the assistance of a hoist

Sling Application: Tips & Techniques

This Webcast focuses on the often-difficult challenge surrounding the application and assessment of slings. With an emphasis on best practice, this webcast explores the variety of solutions for sling application whilst your client is seated, aiming to reduce the effort required to complete the task and ensure client comfort and dignity.

Small Changes, Big Impact

This taster workshop focuses on how small changes in our approach to moving and handling challenges faced by those providing and receiving care can have a positive impact and lead to a more enabling approach, involving individuals in tasks and working within an individual's own capabilities whilst maximising their potential.

Discharge To Assess Using A Single Handed Care Approach by Deborah Harrison

Developed by Deborah Harrison, Managing Director of A1 Risk Solutions, the learning objectives of this webcast are to:

- Understand the discharge to assess process
- Explore changes to the hospital discharge process due to Covid-19, and since September 2020 is the process realistic?
- The current impact on community services
- Compare different discharge to assess models that are currently being used
- Identify and develop potential solutions and explore whether single handed care is part of the discharge to assess process
- Consider if the discharge to assess process being used appropriately



Specialist Seating Webcasts

Specialist Seating Part I: The Theory of Specialist Seating

This Webcast discusses the importance of specialist seating provision, aiming to increase participants knowledge of the causes of pressure damage and how to determine risk. This Workshop aims to enable participants to identify normal posture patterns and postural changes.

Specialist Seating Part II: Completing A Seating Assessment

The aim of this Ethos Webcast is to provide attendees with key information when conducting a specialist seating assessment, focussing on the following areas:

- Considerations when completing a seating assessment
- Postural accessories for specialist seating
- Product identification to resolve seating issues

Pressure Area Care Webcasts

Pressure Ulcer Development in Critical Care Patients: The Role of Tissue Deformation and Impact of Anti-Deformation Technology by Professor Amit Gefen

- Understanding the role of tissue deformation in pressure ulcer aetiology
- Identify the risks related to tissue deformation within the ICU/Critical Care setting
- Explore anti-deformation technology and its role in pressure ulcer management in Critical Care patients
- Consider the role of anti-deformation technology in comparison to alternating air therapy within the Critical Care setting



To request a booking for this Ethos Webcast, please email ethos@directhealthcaregroup.com



Pressure Area Care with Jacqui Fletcher OBE

Under Pressure: The Fundamentals of Pressure Area Care

Developed by Jacqui Fletcher OBE, this Ethos Webcast explores:

- How a pressure ulcer forms
- Why pressure ulcer prevention is so important
- Terminology and why it is important
- Tracking pressure ulcers
- Are pressure ulcers unavoidable?

Managing The Pressure: Performing & Utilising An Appropriate Risk Assessment

Developed by Jacqui Fletcher OBE, this Ethos Webcast explores:

- Risk assessment – process and factors
- Risk assessment tools
- Skin assessment as part of a risk assessment

The Prevention of Pressure Ulcers Using The aSKING Bundle

Developed by Jacqui Fletcher OBE, this Ethos Webcast explores:

- How do we prevent pressure ulcers?
- How do we assess the skin?
- Surface selection and use
- Moisture on the skin
- Categorising pressure ulcers

Taking The Pressure Off: Efficient Equipment Selection In The Community Setting

Developed by Jacqui Fletcher OBE, this Ethos Webcast explores:

- Identifying specific challenges surrounding equipment provision in the community setting
- Engaging patients and carers in equipment selection and use
- Evaluating care delivery

Everything But Pressure: The Role of Shear, Friction & Micro Climate in Skin Integrity

Developed by Jacqui Fletcher OBE, this Ethos Webcast explores:

- The effects of pressure and shear
- Envelopment and immersion
- Cell deformation
- Microclimate and the effect of moisture on the skin

Shifting The Pressure: Moving & Handling With Pressure Area Care In Mind

Developed by Jacqui Fletcher OBE, this Ethos Webcast explores:

- The links between moving and handling and pressure ulcer prevention
- Selecting the right equipment to maintain healthy skin
- Working as a team to prevent patient harm

► To book an Ethos Webcast, please [click here](#)

We can also hold Ethos Webcasts specifically for you and your team.
To request a booking, please email ethos@directhealthcaregroup.com

Benefits to you

- Gain a greater understanding of core principles and how equipment can be used to minimise risk of injury to you and your clients during transfers.
- Receive independently accredited Continuous Professional Development (CPD) training that's valid against the annual requirements of various professional bodies.
- Opportunity to gain hands-on experience in a workshop environment.
- Network with like-minded individuals, sharing best practice and experience with professional peers who face similar challenges.

Benefits for your employer

- Enhance the knowledge and experience of their staff, providing them with relevant accredited CPD.
- Equips their team with new skills and techniques to assist them whilst delivering improved care to clients.
- Provides employees with new skills and techniques to improve their safety when assessing and moving clients.

Benefits for your clients

- Refreshed techniques can reduce the risk of client injury during transfers.
- Renewed carer awareness of practices to retain dignity during transfer, improving the experience for the client.
- Promotes activity by focusing on supporting client participation during transfers.

Your Ethos Education Tutors

All Ethos Education workshops are delivered by individuals who have extensive practical and theoretical knowledge of the topics they cover. Depending on the content covered, Ethos Education tutors are either specialist members of the Direct Healthcare Group team or independent industry experts.

Who should attend?

Covering a breadth of topics, the Ethos Education Programme is suitable for a wide range of professionals in both the community and acute healthcare sectors.

Delegates who have already benefited from the course include:

- Occupational Therapists
- Occupational Therapist Assistants
- Student Occupational Therapists
- Nurses
- District Nurses
- Community Nurses
- Tissue Viability Nurses
- Matrons
- Ward Managers
- Therapy Support Workers
- Clinical Professional Leads
- First Response Support Workers
- Practice Managers
- Back Care Advisers
- Moving and Handling Specialists

Can I book a workshop?

Once you have chosen a workshop, please email **ethos@directhealthcaregroup.com** advising us of your chosen workshop and 2-3 preferred dates when you intend to run the workshop. A member of the Ethos Education Team will be in touch with you to confirm your booking.

What will it cost?

We are pleased to offer the Ethos Education Programme free of charge to healthcare professionals. We kindly ask that as the organiser, you arrange a suitable venue with a profiling bed.

Please note, Direct Healthcare Group reserve the right to charge in certain situations at a rate of £90.00 per delegate for a full day workshop or £60.00 per delegate for a half day workshop.

How long is a workshop?

Half day workshops are approx. 3 hours.

A morning workshop is usually from 09:30–12:30 and an afternoon workshop is usually from 13:30–16:30.

Full day workshops are approx 6 hours and are usually from 10:00–16:00.

Alternative times can be organised to meet your needs if required.

How many delegates can attend?

Min-Max number of delegates per half day workshop: 5–10.

The same half day session may run morning and afternoon to allow for different delegates to attend the same session on a single day.

Min-Max number of delegates per full day workshop: 6–12.

Tailor your workshop

The Ethos Education Team have a wealth of experience, allowing them to create workshops that can be tailored to your requirements – training that fits around you and your team's logistics and time constraints. Simply let us know your requirements when booking your workshop.

Cancellations

If you need to cancel your workshop booking please provide us with at least 10 days' notice. To discuss a confirmed Ethos Education workshop, please email **ethos@directhealthcaregroup.com**