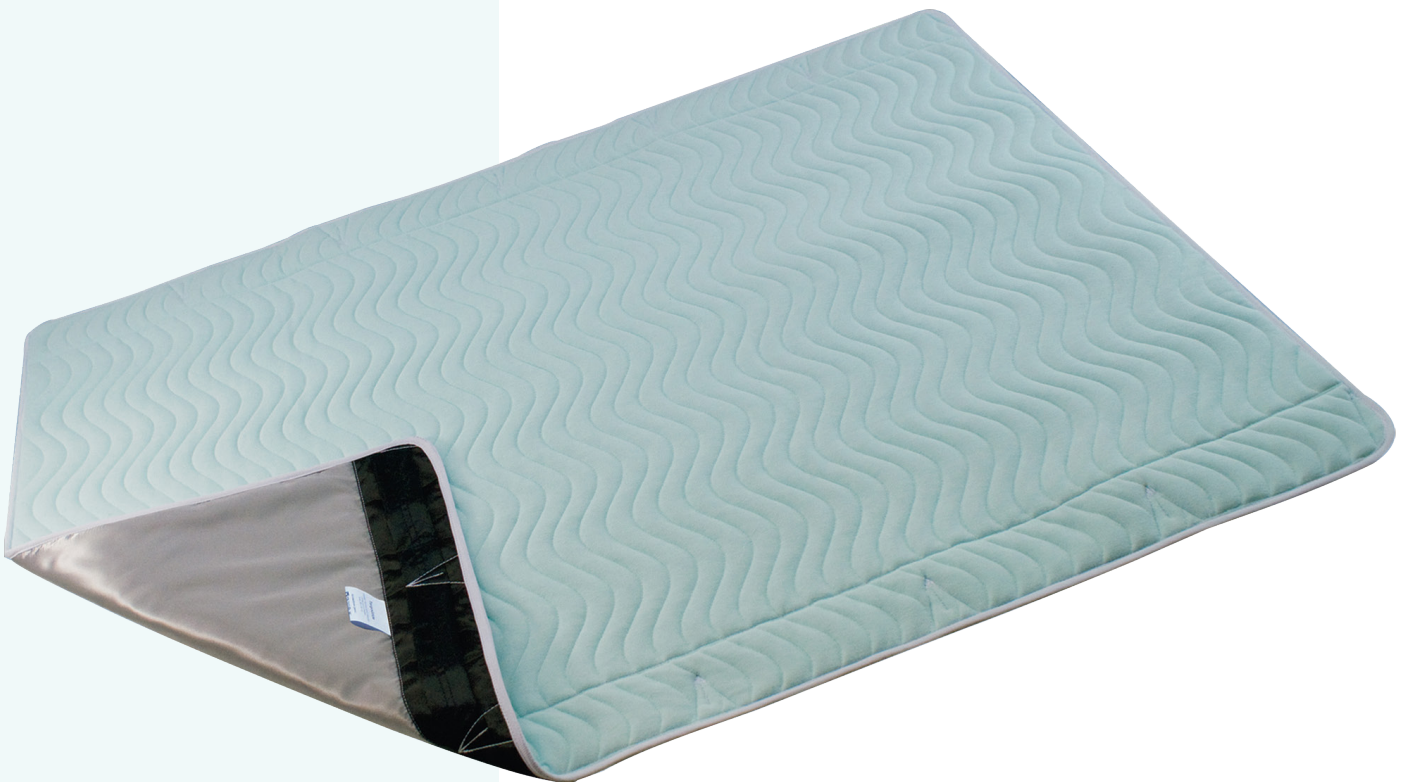


**Direct Healthcare  
Group**

Advancing Movement & Health®

# Tergo®Glide

User Manual



TERGO®GLIDE

# Tergo®Glide

**Tergo®Glide** is an ergonomic transfer aid that can be used in the transfer and repositioning of dependant patients, with the additional benefit of an integral, absorbent incontinence pad. The patented **Tergo®Glide** design provides a smooth, effective lateral movement, whilst preventing unwanted migration down the bed. The practical and robust grips enable the caregiver to establish a firm, ergonomic working position; providing a reduction in physical loads associated with patient moving and handling.

The large size and high safe working load of the **Tergo®Glide** provides a transfer solution that is suitable in a wide range of patient demographics. Whilst constant, *in situ* placement reduces disturbance of the patient and enables independent transfer if required.

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## 1. Intended Use

The Tergo®Glide is intended for the transfer and movement of disabled patients. Patients less than 200 kg can be lifted on the TergoGlide. Also integrated into the product is an absorbent lining.

## 2. Introduction

The Tergo®Glide consists of a multi-layered protector that incorporates a glide and handle structure. There are 6 handles on both long sides. The Tergo®Glide is placed on the bed on top of the sheet immediately under the patient. The grey side down, the green bed protector facing up. The integrated lifting handles will always be placed alongside the length of the bed. (Figure 1).

When placed correctly, the Tergo®Glide extends over the patient's shoulders shown in Figure 2. The patient lies on the Tergo®Glide, so the product is always available when a patient needs to be moved or transferred.

The fabric on the underside of the Tergo®Glide slides across the sheet, facilitating the patient's self-turning and transfers. Friction prevents movement in any other direction, therefore preventing the patient from sliding down if the backrest is raised (Figure 3).



Figure 1



Figure 2



Figure 3

### 3. Warnings



Comply with occupational safety regulations laid down in terms of the maximum weight/lifting a person.



The Tergo®Glide is not to be used with a lifting device.



Always have at least 2 people per side when lifting. Lifting is always the responsibility of the user.



Check the seams of the product and the condition of the structures. To ensure patient safety, remove any broken products from use immediately.



Lifting patients over 200 kg with the Tergo®Glide is prohibited.



The use of a damaged product is prohibited.

### 4. Directions

#### 4.1. Lifting and Transfers

The patient can be treated, transferred or lifted by the handles on the long side of the TergoGlide.

Ensure adequate lifting and transfer method.

The Tergo®Glide has been tested to safety standard ISO 10535 in accordance with manual lifting.

Having 6 handles per side allows for more people to attend in the transfer.

Before the transfer, adjust the bed to a suitable height, the operator's fingers approximately level to the top of the bed.



Grasp the handles, preferably palms up.



The transfers are made using weight transfer.



Slide the patient up the bed utilising appropriate moving and handling technique.



## 5. Washing Instructions

### 5.1. Machine Washing

The recommended machine washing temperature is 70 °C for 10 min. The maximum temperature 95 °C. The use of bleach or corrosive materials is prohibited. Do not wash with sharp objects like zips or hook and loop fastenings as that can damage the product. The use of anti-static agents, fabric softeners or other similar chemicals is not recommended, as they may leave residues on the textiles.

### 5.2. Drying and Finishing

Sheet program (optional): The recommended temperature for the tumble dryer is 70°C, max. 80 °C. The product is dried until damp, after which hot mangling at max. 150 °C. When mangling the green side always faces the heated roller.

Terrycloth program (optional): The recommended temperature for the tumble dryer is 70°C, max. 80°C. The product is dried until dry, after which folded. When using the terrycloth program the Tergo®Glide remains wrinkled.

**NOTE:**

Ensure throughout all cleaning stages the product does not come in to contact with any hot metal equipment. Direct Healthcare Group is not responsible for damage caused by washing, if instructions are not followed.

## 6. Technical Specifications

<b>Standard Sizes:</b>	88cm x 120cm (S-M) 105cm x 120cm (L-XL, red handles)
<b>SWL:</b>	250kg/39 stone
<b>Structure:</b>	Integrated, multi-layered with handles
<b>Absorbency:</b>	30 dl/m <sup>2</sup>

# Direct Healthcare Group

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